



5-Day Iyengar Yoga Intensive

Gulnaaz Dashti

May 11-15, 2016



Gulnaaz began studying yoga intensively with Geeta Iyengar, and in 1998, BKS Iyengar granted her a teaching position at RIMYI. She is now one of the institute's senior teachers, teaching Beginner, Intermediate and Advanced classes, as well as assisting in medical classes. Gulnaaz is a consummately skilled teacher, full of energy and good humour. This is her first Canadian teaching tour, and we are thrilled that she is coming to Ottawa.

Participants should have a sound knowledge of Iyengar yoga, including Sirsasana and Sarvangasana.

Schedule: Wednesday May 11 to Saturday May 14, 9am-12pm and 2:30pm-4:30pm daily
Sunday May 15, 9am-12pm

Location: Pathway Yoga

Fee: Early registration by April 10, \$500. Late registration, \$575. Fees include taxes.

Please pay by cash or cheque (to Pathway Yoga) at the studio, by e-transfer to our [email address](#) or by cheque via regular post to Pathway Yoga, 346 Richmond Rd, Suite 203, Ottawa ON, K2A 0E8. Refunds are only available if your space can be filled from the waiting list, and will incur a \$50 service charge. Partial registrations are not available.

Pathway Yoga

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