



## REOPENING PROTOCOL AT PATHWAY YOGA

Pathway Yoga is taking measures to ensure everyone's safety as we reopen gradually.

As of September 22, in keeping with Ontario government regulations, all students entering the studio will have to show proof of full vaccination: having had two doses of an approved vaccine, with the most recent at least 14 days prior to entering the studio. Before that date we will still require that only fully vaccinated students enter the studio, but we will not require that you show proof. Medical exceptions are described by the Ontario government.

The studio has installed a new, high-efficiency HEPA filter to improve air quality.

For now, in keeping with current regulations, students at the studio are required to:

- maintain a physical distance of 2 metres from every other person.
- complete screening before entering class
- wear a mask while entering and leaving the studio. Note: A mask is not required during class, but if you prefer to wear a mask, please do! A few in-studio classes, starred on the schedule, require masks.

Props will again be shared among students, other than belts, so bring your own yoga belt or equivalent to class. Belts are available for purchase [online](#) and at the studio for \$12. If you prefer not to share studio props, you are welcome to bring your own to class. **Please bring a large towel to place over any soft studio props you use.**

Students will be responsible for cleaning studio mats used during class. The studio will provide cleaning materials. We'll be using the change rooms on a one-at-a-time basis, so if you need to change for class, come early!

Wishing you well,

The Pathway Yoga Teachers

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## Pathway Yoga

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