

Reopening 101

Pathway Yoga is taking measures to ensure everyone's safety as we reopen gradually.

We welcome fully-vaccinated students and teachers into the studio (i.e. received the second of a two-dose COVID-19 vaccine series or first of a one-dose Covid-19 vaccine at least 14 days ahead of classes), as well as students who cannot be vaccinated for medical reasons. Others are welcome to join classes online. We do not require proof, but trust you to practice *satya* (truthfulness) when you attend studio classes.

The studio has installed a new, high-efficiency HEPA filter to improve air quality.

According to Ontario Phase Three, students at the studio are required to:

- maintain a physical distance of 2 metres from every other person.
- complete screening at the studio before entering class
- wear a mask while entering and leaving the studio. Note: A mask is not required during class, but if you prefer to wear yours, by all means do!

Props will again be shared among students, other than belts, so we ask you to bring a yoga belt to class. They're available for purchase [online](#) and at the studio for \$12. If you prefer not to share studio props, you are welcome to bring your own. **Please bring a large towel to place over any soft studio props you use.**

Students will be responsible for cleaning the studio mats they use during class, and we'll provide the cleaning materials. We'll be using the change rooms on a one-at-a-time basis, so if you need to change for class, come early!